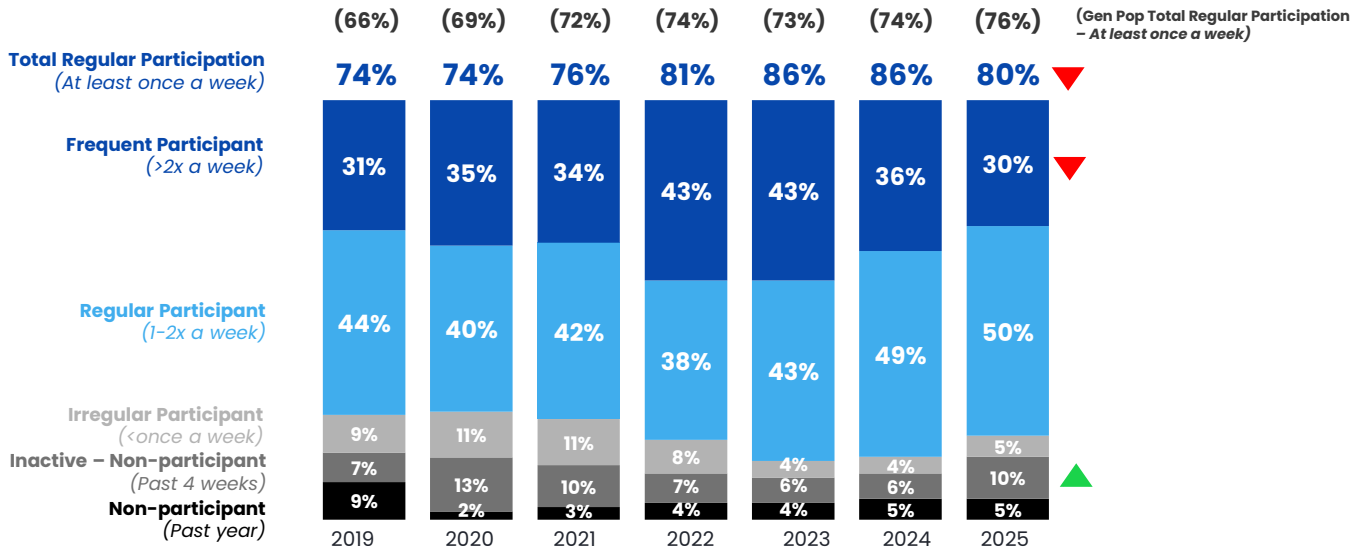


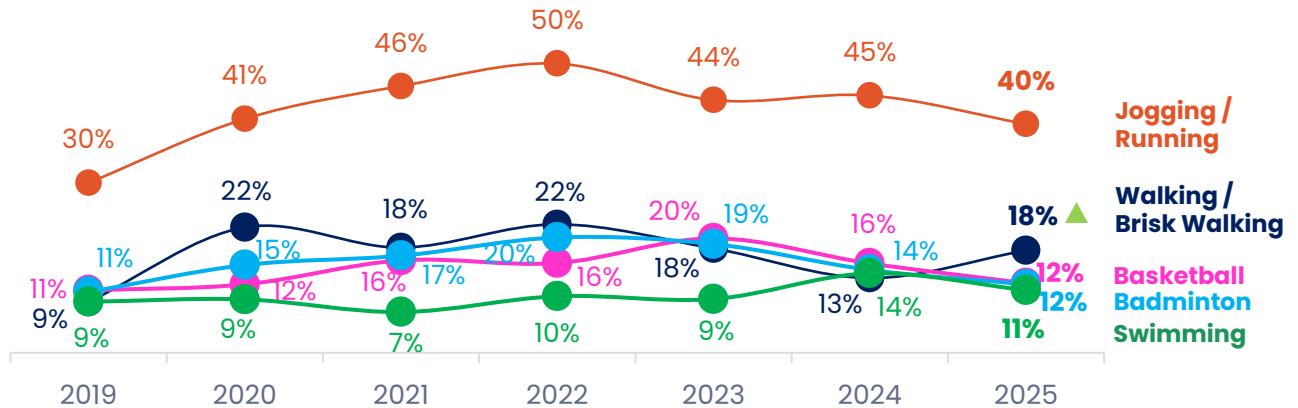
Participation levels through the years

Total regular participation dipped for Teens & Youth in 2025, pulled down by the dip in frequent participants.



Top 5 Sports/Exercises

Jogging/Running continued to be the most popular activity, while Walking saw an increase in popularity.



Motivations for Participation



Barriers to Participation

